



**From St. James' With Love  
September 2024  
Newsletter**



**St. James' Vision Statement:**

**God asks us to make His love visible in our lives and community. . .  
let us not love in word or talk but in deed and in truth. (1 John 3:18)**



## **Prayer List**

Billie Jo Marvin, Luanne, Frank, Zac L, Ray H, Lonnie, Jennifer M, Jenna, Fred R, Bob C, Laverne and Patsy, Tehya Meyers, Patricia Osgood, Jay C, Damon, Bruce, Kate L, Bill T, William K, Nancy F, Lindsey, Richard Frey, Jillian, Linda G, Jim G, Evelyn A, Rebecca H, Betty K, Ashlyn, Kimberly J, Rev. Gary, Janetmarie S, Charlie S, Chris C, Gail O, John P, Ray K, Robert Z, Kathy, Our brothers and sisters on Zoom, those who mourn, 1st responders, teachers and students, the Food Pantry, those suffering from addiction, those in the military, St. James Vestry

## **Notable Events**

- **Vestry Meeting 6:30, 11 September in the undercroft**
- **Ladies breakfast 19 September 9am at Stephanies in Bath**
- **St. James Italian dinner scheduled for 14 September**
- **Choir practice resumes 5 September at 4pm. Singing for services will start 8 September.**

# First Friday Fellowship



Our **First Friday Fellowship** will meet next Friday evening, **September 6, 2024**, at the **Savona Federated Church** (see [map](#) location). Praise and worship singing starts at **7pm**. Bring your musical instruments, your favorite songs and a couple friends, neighbors or relatives to join us in making a 'joyful noise unto the Lord.'" Also, if any would like to bring a small snack to share, that would be appreciated. After all, winter is closing in and it is time to fatten up. Just ask the squirrels.

Our theme for this singalong will be *"Thy Word have I hidden in my heart"*  
~ [Ps 119:11](#)

Help us to complete the first hour songlist by sending your favorite praise/worship song that contains scripture from the Word of God (see [All FFF Songs A-Z](#)). If it isn't on our A-Z songlist, you will have to lead it.

Hope you can join us for an hour (or two) next Friday evening in Savona.

In Christ,  
Tom

[www.FFFship.com](http://www.FFFship.com)



We have a Mission meeting scheduled for *Monday at 8:30 AM on 12 September* in the Undercroft.

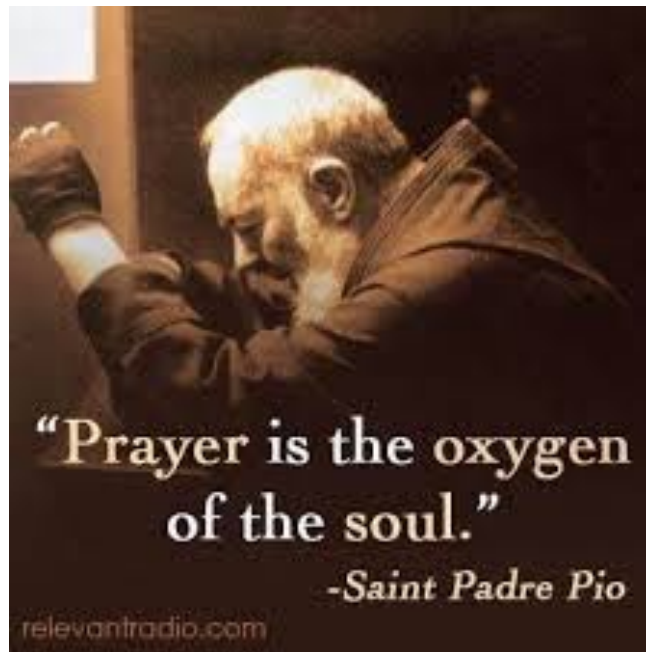
### **Tell me about the Safe House in Bath**

The Safe House in Bath is a five-bedroom (with its own bathroom) facility with a capacity of 14 clients for victims of domestic abuse. It has a living room, dining room and Kitchen with a playroom for little ones. The state determined that clients may stay up to 90 days, but the Director says that finding safe, affordable housing is an issue so they can stay longer with approval from the state. The clients are primarily from Steuben County, but they will accept anyone from anywhere, even other countries. They arrive by any means available: car, bus, taxi, law enforcement etc. The facility is staffed 24/7 and there is an advocate on staff who can connect them with social services. The clients prepare their own breakfast and lunch, and the staff prepares the evening meal... The State has food guidelines as to what can be provided which the staff purchases. There are no regular donators except Corning, Inc. which donates once a year. Other organizations donate sporadically. The Director is very appreciative of the donations from St. James (quarterly). Currently the Fall 2024 needs are shampoo and conditioner, deodorant, body wash, towels and large diapers.

## ***MISSION COMMITTEE***

1. Fr Craig has coordinated with the manager of the Senior apartments so St James has been able to help two individuals who live there from the discretionary fund.
2. Carol Israel (Aging in Place has planned an activity for September 18, 4-8 PM at St. James.
3. Mission Committee will give \$500 for flood relief (to be matched by the vestry. The congregation raised nearly \$5,000 in relief funds.
4. Mary proposed a before school haircut program modeled after Christ Church's in Corning. All were in favor but the time was too short to organize it this year.
5. The committee finalized a written proposal to the vestry to add a line item for Mission and Outreach to next year's annual budget.

**Compline Service every Monday evening at 8:30 PM**



We have Compline every Monday night at 8:30PM. A 10–12-minute service of prayer, Scripture, music, and much more. Zoom address is <https://us02web.zoom.us/j/83857418968>

## September Lay Schedule

Date	Chalice	Acolyte	Reader	Ushers
1/9	Karen Derr	Jim Grillo	Mary White	Marietta Piersons
8/9	Leah Nichiporuk	Mary White	Rich Little	Donella Barney Bonnie Parmelee
15/9	Mary White	Karen Derr	Audrey Edmister	Linda Hacker Jim Derr
22/9	Nick Forenz	Jim Grillo	Sandy Young	Marilyn Dowdle Linda Grillo
29/9	Mary White	Nick Forenz	Linda Hacker	Luanne Graulich Terry Channing

## September Readings



Date	First Reading	Psalm	Second Reading
1/9	Song of Solomon 2:8-13	Ps 45:1-2;7-10	James 1:17-27
8/9	Proverbs 22:1-2, 8-9,22-23	Ps 125	James 2:1-17
15/9	Proverbs 1:20-33	Ps 19	James 3:1-12
22/9	Proverbs 31:10-31	Ps 1	James 3:13-4:3; 7-8a
29/9	Esther 7:1-6, 9-10; 9:20-22	Ps 124	James 5: 13-20



# Hildegard of Bingen

Feast Day

17 September



Hildegard of Bingen, born in 1098 in the lush Rhineland Valley, was a mystic, poet, composer, dramatist, doctor and scientist. Her parents' tenth child, she was tithed to the Church and raised by the anchoress Jutta in a cottage near the Benedictine monastery of Disibodenberg.

Hildegard lived in a world accustomed to male governance. Yet, within her convents and to surprising extent outside them, she exercised a commanding spiritual authority based on confidence in her visions and considerable political astuteness. When she died in 1179 at 81, she left a rich legacy which speaks eloquently across the ages.

Let us pray:

God of all times and seasons: Give us grace that we, after the example of your servant Hildegard, may both now and make known the joy and jubilation of being part of your creation, and show forth your glory not only with our lips but in our lives; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen

Please read:

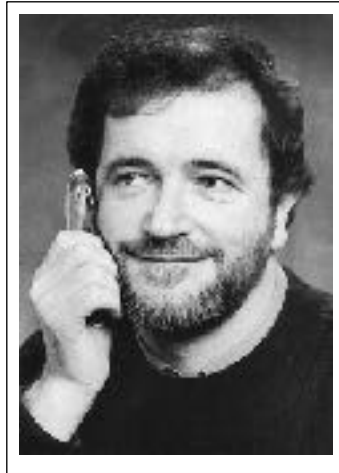
Psalm 104:25-34

Sirach 43: 1-2,6-7,9-12,27-28

John 3:16-21

## **John O'Donohue**

**From his book "To Bless the Space Between Us."**



**From the Poem "For Solitude" pg.112**

**May you realize that the shape of your soul is unique,  
That you have a special destiny here,  
That behind the façade of your life  
There is something beautiful and eternal happening**

**May you learn to see your self  
With the same delight,  
Pride, and expectation  
With which God sees you in every moment.**

# Food Prices and Trends

## Opinion article

By Father Craig

Have you been to the grocery store lately? Prices certainly have risen sharply over the last year or so. In fact, USDA data indicates from 2021 to 2022 there was about a 11 percent increase.

**Weather** Many factors have affected our food supply chain and the accordingly dramatic price increase in food. One such long term factor is our changing weather. Many of us do not realize that our Midwest has been suffering from multiple years of drought and we also do not realize how that drought is affecting food production.

**The Russian-Ukraine conflict** affected the global supply of agricultural commodities. Russia and Ukraine are significant producers and exporters of several commodities, including wheat, corn, sunflower oil and fertilizer. The conflict has caused reductions of global wheat supplies that, coupled with already reduced wheat supplies in the U.S. due to drought led to increases in U.S. wheat prices.

**Effects of COVID-19 pandemic** caused disruptions across multiple segments of the food supply chain that may have affected food prices. For example, the pandemic reduced the availability of labor, such as truck drivers, which contributed to transportation bottlenecks. The pandemic also led to slowdowns in meat processing as workers became sick and plants shut down

**Animal and plant disease** outbreaks affect the production of segments of our food supply. The Highly Pathogen Avian Influenza virus outbreak in 2022 and 2023 reduced the supply of poultry and eggs when millions of turkeys and laying hens were euthanized after exposure to the virus. According to the USDA December 2022 wholesale egg prices were the highest ever recorded---averaging about \$5 per dozen, over 200 percent higher than December 2021

**Citrus greening**---an insect-borne plant disease that impairs a tree's ability to produce fruit and eventually kills it—has reduced citrus yields in multiple states since it reached the US in 2005. Increased production costs and decrease supply could have led to higher prices for consumers, according to USDA experts.

**In summary** I have identified only four factors that that continue to affect the price we pay for food at the grocery store. Others not covered in this article include the increased cost of animal feed, higher energy costs, rising food processor and manufacturer costs. The costs that these industries incur account for a substantial proportion of retail food prices. For example, food processing costs made up about 25 cents of every dollar a consumer spent on food at the grocery store in 2021.

In conclusion, weather, drought, the Ukraine and Russia conflict, labor shortages and costs, as well as, insect borne plant disease have affected our nation's ability to produce inexpensive food.

As a tag to this article, it is not uncommon for some families to spend over 30% of their income on food alone. After these families pay for food very little income is left to pay for rent, electric or heat.

Let Us Pray:

Heavenly Creator and Lord of the World,  
You have given us the soil, in all its richness,  
To be the source of our food.  
Bless those who care for the earth,  
That it may always be fruitful and good for our use.

